

In preparing for the either the Zip Line Adventure or Leadership Challenge Course at Dagaz Acres, here are some things to consider:

### Requirements and Limitations

- Minimum age requirement for zip lines is 7 years old.
- Minimum weight 30 pounds for ziplines.
- Maximum weight under 250 pounds for zip lines.
- Maximum waist size of 42 inches for zip line harness.

### How to Dress

Since you will be in the woods, there is a good possibility you may get dirty. Please wear clothing and shoes that you will not mind "scuffing up" a bit.

#### *Clothing:*

- Wear something loose, comfortable and durable
- T-shirts and tops should be long enough to tuck into pants or shorts
- Shorts should reach mid-thigh or longer
- Long pants or sweats are preferred during cooler seasons
- In hot weather, shorts and shoes and socks maybe preferred.
- Layer your clothing suitable to the season so you will be comfortable all day

#### *Shoes:*

- Wear comfortable shoes such as sneakers or hiking boots (NO OPEN TOE SHOES!)
- Shoes should be suitable for the weather conditions (consider rain, mud, cold, etc...)

### *Hair:*

- Hair should be tied back or secured if it is long enough to get caught or tangled in equipment
- If your hairstyle hinders the secure fit of the helmet (high course) you will not be able to participate on the challenge course.

### *Jewelry:*

- Leave jewelry at home or locked safely in your vehicle
- For safety, please make sure any body piercings are protected or removed

### **Glasses Wearers**

Take precautions that you would normally take when participating in outdoor activities to protect your eyes and eye wear. Sun glasses can be worn if you like.

### **Tobacco Products**

Tobacco products are not allowed at Dagaz Acres.

### **Wheel Chair Access**

The course and location are outdoors and therefore are not wheel chair accessible.

### **Pregnancy**

Dagaz Acres Zipline Leadership Center and Adventure Course will not accept the liability for an expecting mother. Please come and see us after your joyful event!

### **Bring Cash for Tipping and Souvenirs**

Our guides work hard to keep you safe and make your day fun so tipping is greatly appreciated. We also offer souvenirs for purchase.